
BASKETBALL QUEENSLAND



Pregnancy Participation Policy

1. Area of responsibility

Technical Development

2. Date last updated

30 March 2008

3. Purpose

POLTD5

4. Purpose

The purpose of this policy is to provide information and general comment to Associations & Clubs to assist in dealing with pregnancy and basketball. The WNBL has a more detailed pregnancy and basketball policy, copies of which can be obtained from Basketball Australia on request.

5. Policy

These guidelines outline some of the issues that should be considered by the pregnant player, the Association, the coaches and the referees.

The ultimate decision to play will always be the players. It is up to the individual player to weigh up the benefits of exercising during pregnancy against the perceived risk of injury to herself or her unborn child.

Players

1. Obtain expert medical advice and assess the risks.
2. Discuss the issues and implications of competing with other people in the basketball environment (coaches, team members, managers)
3. Use common sense and do not take unnecessary risks.
4. Take into account her changed physical condition.
5. Do not attempt to increase the level of training or playing during the pregnancy.

Associations & Clubs

1. Be aware of the discrimination legislation that applies to pregnant women in sport.
2. Review rules and regulations in light of the discrimination legislation.
3. Obtain professional advice where there is uncertainty as to appropriate steps to take.
4. Provide relevant information for all players in relation to pregnancy and playing.
5. Develop general policies to minimize the risk of injury.
6. Consider obtaining appropriate releases and indemnities from players.

Coaches

1. Ensure players are aware of the medical implications of participating.
2. Develop open communication.
3. Do not pressure the player.
4. Remember the individual player comes first.
5. Seek professional advice where necessary.

Referees

1. Apply the rules equitably at all times.
2. Place the safety and welfare of all players above all else.
3. Be courteous and respectful.

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